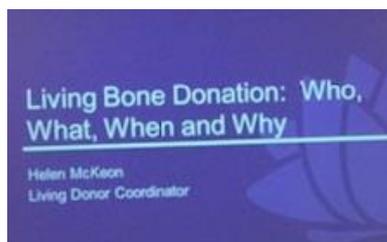


## Professional Education Day – 30<sup>th</sup> June, 2018 @ Gynea

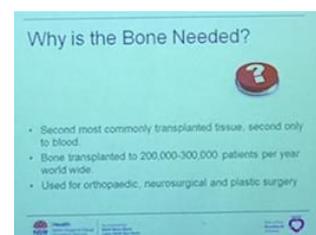
The first Sydney PED day was well attended by 70+ delegates who enjoyed networking with colleagues and being informed on topics to enhance knowledge and skills in perioperative nursing practice. We welcomed Angela Coleman, Judy Smith, and Lauren Bradford as new OTA Executive Members.



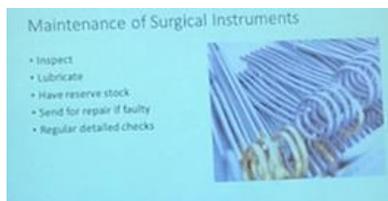
Our first presenter Lovely Bernacer's topic was Neurovascular Observations, with a riveting finish - a competitive game, with points awarded! The presentation was informative, while the game reinforced one's memory for why and how neurovascular observations are assessed...



Followed by Helen McKeon, Living bone donation: who, what, when and why? Clear explanations with reasons of why bone is banked...The complex assessment and consent process was made easier to understand on how one goes about getting this task completed – do you know how long bone can be stored?



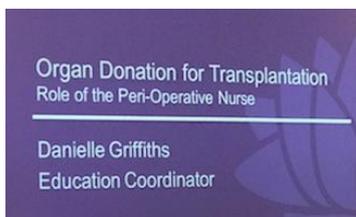
After a scrumptious morning tea, fresh scones with jam and cream for those who indulged, as well as fresh fruit, tea and coffee... delegates met with trade to discuss the products on display, take away informative material, samples, and of course had their questions answered by knowledgeable representatives.



Michelle Allen's presentation covered the care of surgical instruments. The importance of regular inspections and checking how the instrument functions, and use a reputable repairer – remember spares are part of the instrument management process.



Alternate Consent – the title conjures up complexity! This is a complex topic – Fiona Oulis discussed the many situations where 'alternate consent' is considered. She discussed situational examples for alternate consent, how it is determined, who and what is involved, and how long it takes to obtain. There were numerous questions from the delegates, which were clarified by Fiona!



Organ donation for transplantation with definitions for DBD (donations after brain death) and DCD (donations after cardiac death) were clarified by Danielle Griffiths. The processes involved in both types of donations, the organs, timeframes, donor and recipient involvement and all in the context of the perioperative nurses role.

**NSW OTA Inc: *Leading Perioperative Nurses to achieve Excellence in Patient Care***

Telephone: 02 9799 9835

Email: [info@ota.org.au](mailto:info@ota.org.au)

Website: [www.ota.org.au](http://www.ota.org.au)

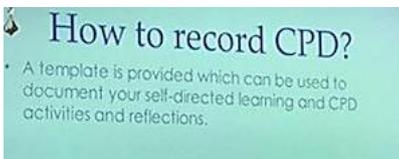
Postal Address: PO Box 212, Croydon NSW 2132

Lee-Ann Heta presented on two very different topics; CPD (Continuing Professional Development) and how you nurture nurses in the perioperative career path.



The first presentation on CPD points is very timely!

It is just not simply just making a list of CPD hours, date, and topic, which you may

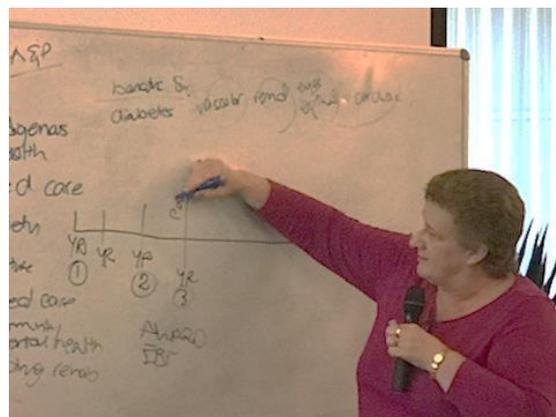


have diligently recorded in a 'CPD' document you created – you need to follow the 'format' as defined in the NMB website, and, maintain a portfolio, which includes; police criminal record check, working with children check,



current vaccinations, CV, English language skills (if from a non-English speaking background) – if you are called up to be audited, ensure you have an up to date portfolio that includes the last 5 years, you can be asked to provide proof for any one of the 5 years! Remember when you renew your licence each May, you are confirming all the questions you are asked, including recency of practice and CPD! You need 20 CPD hours if you are an RN, an additional 20 CPD hours if also a midwife (40), and if you are practicing in the regional areas, add a further 10 CPD (50) hours! Delegates were assisted in how to complete CPD hours in the correct manner.

The last session for the day was 'how does one progress as a perioperative nurse?' Lee-Ann took delegates through the process she uses with her 'new grads' in identifying what they need to undertake to progress in nursing, from year 1 through to year 5. The expectations new grads will have, and what is expected from them as they progress in this specialised field. Encouragement is important, further education opportunities using scholarships whenever possible, participating in opportunities, taking on team leader roles in specialities, are just a few. It is important for senior perioperative nurses to engender an environment of encouragement and inclusion.



Remember, nursing is governed by standards, in fact every aspect of what we do is governed by standards. Did you know a new !

Here are a couple of websites, NMB for CPD and Code of Conduct, and ACORN for perioperative nurses

Fact sheets on CPD

<http://www.nursingmidwiferyboard.gov.au/Codes-Guidelines-Statements/FAQ/CPD-FAQ-for-nurses-and-midwives.aspx>

Standards for perioperative nurses

<https://www.acorn.org.au/standards/shop/>

Updated Conduct for Nurses and Midwives in March 2018

<http://www.nursingmidwiferyboard.gov.au/Codes-Guidelines-Statements/Professional-standards.aspx>

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